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Cosmetic, Implant and General Dentistry

Post-Operative Instructions for Permanent (Final) Crowns and Bridges

We hope that your discomfort was minimal after your last visit, and that your provisional (temporary) crowns or bridge was very comfortable.

It is normal to experience pressure and temperature sensitivity after the cementation of your restoration. Your gums may be tender or sore due to our diligent removal of excess cement from the area.

To help keep your newly cemented restoration in place, avoid eating sticky foods (especially gum), hard or crunchy foods, and if possible, avoid chewing on that area of your mouth for 24 hours.

It's important to continue to brush normally, but floss carefully. When flossing, remove (drag) the floss from the side, versus snapping up and downward for 24 hours. This will help to prevent removal of the restoration.

If your bite feels uneven, if you have persistent discomfort, or you have any other questions or concerns, please call our office.

We always welcome your questions.