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Post-Operative Instructions for Composite Restorations (Fillings)

A composite (tooth-colored) restoration was completed today, restoring the area affected by dental caries.

Tooth colored filling materials are completely hard at the completion of your dental visit. However, if dental anesthetic has been used, your lips, teeth and tongue may be numb after the appointment. Avoid any chewing, or drinking until the numbness has completely worn off.

It is normal to experience some tenderness, soreness, or slight bleeding along your gums for a day or two. Over-the-counter (OTC) medications can help to minimize the discomfort and swelling. (Ex. Advil, Tylenol, Aleve). Dr. Alexander may recommend a specific OTC remedy which varies depending on your specific health and circumstances.

If your bite feels uneven, if you have persistent discomfort, or you have any other questions or concerns, please call our office.

We always welcome your questions.